



Juan Luis BENÍTEZ CÁRDENES

Date of Birthday: **28, December 1972**

Place: **Las Palmas de Gran Canaria
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 **kumiteanalysis**

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**Coach of Olympic, World and European Medalist
Bettina PLANK - AUT**

EDUCATION





- Science Sport and Physical Activity Degree
- Bachelor und Masterstudium Sportwissenschaft - Bundesministerium für Wissenschaft, Forschung und Wirtschaft, validation - Austria.
- MBA Sports Management.
- Teaching Certificate - University Politecnica of Madrid.
- Language:
 - Spanish (native language)
 - English B.2.
 - German A.1.2.

SPORT EDUCATION

- B.B. 7th Dan by Spanish Karate Federation.
- Certificate of Official Recognition of Dan 7th Grade by World Karate Federation.
- Certified trainer (- diplomtrainer -) by Spanish Karate Federation.
- Certified Karate Coach - third level - by World Karate Federation.
- AUSTRIA National Coach Kumite (2013 – present).
- INDONESIA National Coach (2013 Sea Games and 2014 Asian Games).
- Coach – Trainer Kumite Team Olympiazentrum Upper Austria.
- KARATE – AUSTRIA Olympic Project Tokio 2020 (2018 – 2021).

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APPENDIX – MEDALS as COACH

	GOLD	SILVER	BRONZE	TOTAL
OLYMPIC GAMES 			1	1
WORLD SENIOR CHAMPIONSHIP	4	8	6	18
WORLD u16, u18, u21 CHAMPIONSHIP	1	3	2	6
WORLD GAMES			1	1
FISU – WORLD UNIVERSITY CHAMPIONSHIP	3	1	6	10
WORLD YOUTH CUP	2	3	6	11
	10	15	21	46
EUROPEAN GAMES	5	4		9
EUROPEAN SENIOR CHAMPIONSHIP	10	6	20	36
EUROPEAN u16, u18, u21 CHAMPIONSHIP	2	1	9	11
EUROPEAN per REGIONS	1		1	2
EUSA – EUROPEAN UNIVERSITY CHAMPIONSHIP	3	1	1	5
EUROPEAN UNIVERSITY GAMES	1	2	2	5
	22	14	34	69
KI PREMIER LEAGUE	9	12	13	34
KI SERIES A	3	5	2	8
KI YOUTH LEAGUE	4		2	6
	16	17	17	50
PAN AMERICAN GAMES	1			1
SEA GAMES	2	6	4	12
MEDITERRANEAN GAMES		2		2
IBEROAMERICANO CHAMPIONSHIP	2		1	3
	5	8	5	18
TOTAL	53	54	78	185