



# Ryukyu Kobudo Shimbukan Seminar

## Bo, Sai, Nunchaku, Tekko, and more

### Thomas Podzelný 6th Dan, Renshi



**Date: February 17th 2023 - February 19th 2023**

**Kobudo Training at VS Frauenfeld Europaplatz 1 2320 Schwechat**

Open for all styles and grades

Seminar fee: 70€ adults, 50€ kids

#### **Friday 17.2.2023**

17:00-17:15 opening, welcome  
17:15-20:00 Bo Kihon, Kihon Kata I,II

#### **Saturday 18.2.2023**

09:00-10:30 Sai Kihon, Kihon Kata I,II  
10:30-12:00 Tekko Kihon, Kata  
12:00-15:00 Lunch break  
15:00-16:30 Bo Kihon + Kata (Shushi-no-kon-sho)  
16:30-18:00 Nunchaku Kihon, Kata  
19:00 Seminar party @ restaurant in Schwechat

#### **Sunday 19.2.2023**

09:00-10:30 Bo Kihon + Kata (Sakugawa-no-kon-sho)  
10:30-12:00 Sai Kihon + Kata (Schwerpunkt Chikinshitahaku-no-sai)  
12:00-15:00 Lunch break  
15:00-16:00 Bo repetition and grading preparation  
16:00-17:00 Sai repetition and grading preparation  
17:30-18:30 Kyu grading  
19:30 Sayonara party location tbd

Contact: R. Zampa +43 660 358 2042 / [jundokan@rudi-zampa.at](mailto:jundokan@rudi-zampa.at)

Organization: Okinawa Goju Ryu Karate-Do Schwechat in cooperation with Österreichischer Karate Bund/Karate Austria and LV Niederösterreich.  
The organizers shall not be liable for any material and or personal damage!



Remarks:

- Registration with payment of seminar fee
- Fee to payed to:  
Okinawa Goju Ryu Karate-Do Schwechat IBAN: AT75 12000 10011764874  
Please leave remark: Kobudo Schwechat 2023